



TWELVE April 2010

Twelve months, twelve short documentaries on a long way to success. Trainings. Races. Travelling. Life. This is TWELVE - a new project of the pro mountain biker and BMXer Michal Prokop. Rob Trnka's camera takes the past month of Michal, just as he has actually spent it. Without any adornments and planning. It doesn't aim to celebrate the leading actor; it wants to capture by its sincereness. TWELVE doesn't create dramatic situations, but it catches them if they arise.



The fourth part of the series takes us to a place which every athlete would better avoid. Michal's shoulder, injured at the last year's 4X World Cup in Canada, seemed to be finally OK ... until his tumble in the training for BMX Supercross in Madrid. The two BMX races in Florida confirmed that old problems were back again and so, contrary to the plan, the camera of Rob Trnka aimed at a sterile environment of the rehabilitation clinic Malvazinky instead of the dust of races...

But first, we stop in 9395 Bikes, the kingdom of bike-epicures, which is dominated by dexterous hands and incessant doses of jokes of Dlouhan, the tallest of all the mechanics there. In this place Michal's new machines come into world with the AGang name before each season.

Two weeks were left until the first part of the World Cup in Belgian Houffalize and Michal had to watch the opening race of the Czech Cup and the premiere happening Euro Fourcross Series in the home track Polis.13 only as a spectator. But in the end he succumbed to temptation and in the evening he took his place at the start for training at least for a while.

The double world champion has found an amazing place for the last days for preparations before the proper start of the main season in Krusne hory on the fourcross track in Kraslice and on surrounding trails.

Looking in the latest results we can be sure that there is nothing that could beat Michal Prokop. But thanks to the TWELVE you also already know that the way to the top is sometimes more long and winding than the Rob's trails.

During the first days of a new month you can always find a premiere part of the TWELVE at www.redbull.cz

TWELVE Crew

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| Producer: | Red Bull |
| Production: | Polis.Media |
| Screenplay, camera: | Rob Trnka |
| Editor, post-production, and music: | Jan Mocnak |



About Michal Prokop

Michal belongs among the few exceptional sportsmen in case of whom one may afford the luxury to consider his placing under winner's rostrum in a top world competition as something surprising. With his two World Champion rainbow jerseys, two World Cup titles and 10 World Cup wins in his pocket, Michal Prokop belongs to living legends of a gravity mountain biking history. Yet he has found another great challenge in his highly successful carrier - nothing smaller than the BMX premiere at the Summer Olympic Games 2008 in the Chinese Beijing.

But Michal managed to step out of shadow of sports giants even before the flames went up over the Beijing. The life on pedals is his hobby and livelihood as well. The King of the Czech cycling of 2006 acquired all titles on his mountain bike and he even defended them again. Michal brought himself to the attention of sports public particularly thanks to his dominant position in mountain bike fourcross. Unlike most of his other competitors MP devotes himself equally to two related, but still different disciplines. Moreover, in 2006, just a few months after his severe injury, Prokop initiated the Czech national team of the track world championship on oval...

Since 2010 Prokop is riding AGang bikes but they are made by the same company as Author bicycles that he was riding for long seventh year in a row. That loyal is this guy!





Michal Prokop's interests in business negotiations are represented by Polis.Riders. Communication with media is secured by Polis.Media. We are fully at your disposal on the below stated contacts for any business information, press materials and any additional information.

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